

### *How to Care for your Bow*

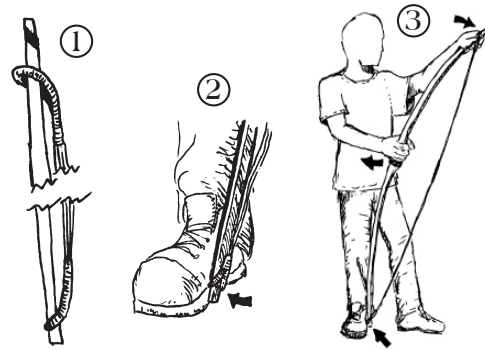
- **NEVER DRAW THE BOW OVER THE LISTED DRAW LENGTH.**
- Never leave the bow strung for more than 8 hours at a time.
- Never keep the bow at full draw for more than a few seconds.
- Never shoot the bow without an arrow in place (i.e. "dry fire").
- Store bows in a climate controlled environment, away from sources of direct heat, moisture, or high humidity.

### *Shooting Technique Tips*

- Keep your bow arm elbow slightly bent out to avoid contact with the string. Arm guards are highly recommended.
- Always draw to the same spot (called an anchor point), usually it is when your fingers just touch your cheek or corner of the mouth
- Remain in the same position a few seconds after loosing an arrow before lowering the bow.

*A Method of Stringing your Bow*

1. Slip one string loop over the top limb. Place the lower loop into the bottom limb nock.
2. Place the lower limb's back against the instep of your right foot.
3. Pull the bow handle with your right hand towards the right while pushing the top limb to the left with your left hand. The limbs should be bending evenly. Slide the upper loop into the upper nock with your thumb and index finger (while still pushing the upper limb).
4. Check to make sure both loops are securely in their nocks.



### *How to Care for your Bow*

- **NEVER DRAW THE BOW OVER THE LISTED DRAW LENGTH.**
- Never leave the bow strung for more than 8 hours at a time.
- Never keep the bow at full draw for more than a few seconds.
- Never shoot the bow without an arrow in place (i.e. "dry fire").
- Store bows in a climate controlled environment, away from sources of direct heat, moisture, or high humidity.

### *Shooting Technique Tips*

- Keep your bow arm elbow slightly bent out to avoid contact with the string. Arm guards are highly recommended.
- Always draw to the same spot (called an anchor point), usually it is when your fingers just touch your cheek or corner of the mouth
- Remain in the same position a few seconds after loosing an arrow before lowering the bow.

*A Method of Stringing your Bow*

1. Slip one string loop over the top limb. Place the lower loop into the bottom limb nock.
2. Place the lower limb's back against the instep of your right foot.
3. Pull the bow handle with your right hand towards the right while pushing the top limb to the left with your left hand. The limbs should be bending evenly. Slide the upper loop into the upper nock with your thumb and index finger (while still pushing the upper limb).
4. Check to make sure both loops are securely in their nocks.

